Role Description

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| ROLE TITLE | Lived Experience Leader |
| REMUNERATION | £35 per meeting attended (plus out of pocket expenses) |
| HOURS | 2-hour monthly meetings, currently held on Thursday evenings, plus preparation time.  |
| CONTRACT | Freelance |
| LOCATION | The Grove Community Hub, Cort Crescent, Braunstone, LE3 1QZ. |

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| ROLE PURPOSE | To ensure that lived experience of mental health and inclusivity are embedded throughout the LLR Mind’s operations. |

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| DUTIES |
| As part of the Lived Experience Leadership Group, you will contribute to the work of the Leicester, Leicestershire and Rutland (LLR) Mind in a range of ways:* Reviewing papers in preparation for meetings;
* Attending meetings to share your views, perspectives, and insights;
* Ensuring that lived experience leadership and equity of opportunity is sustained through all aspects of LLR Mind’s work;
* Influence policy and practice across LLR Mind to help us to continually improve and grow as an organisation
* Engaging in other opportunities\* where the voice of lived experience can contribute to decision making (e.g. recruitment);
* Assessing the performance of the group at least annually.
* Respecting the confidentiality of matters discussed at meetings and otherwise obtained.
* Acting in good faith with due care and diligence for the best interests of LLR Mind.

In addition to the above duties, each Lived Experience Leader should use any specific skills, knowledge, or experience they have to help the group reach sound decisions. This may involve scrutinising papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the individual has special expertise. \*Any additional work undertaken by a Lived Experience Leader will be at a rate determined for the specific opportunity. |

Person Specification

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| **KEY SKILLS AND EXPERIENCE** |
| EXPERIENCE* Direct or indirect personal experience of poor mental health
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| SKILLS AND ABILITIES* Strong, independent judgement
* Work effectively as a member of a team
* Knowledge of mental health issues and provision in Leicester, Leicestershire and/or Rutland
* Able to speak from your own experience, but also to take a wider view regarding the needs, interests and experiences of local communities
* Good English language communication skills (the ability to speak other languages used in Leicester, Leicestershire, and Rutland is also desirable)
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| ATTITUDES* Respectful of the views of others, valuing diversity, and being inclusive in your approach
* Commitment to read documents in preparation for meetings
* Self-motivated and able to work independently
* A commitment to LLR Mind’s vision, purpose, and values
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